

A Year at His Feet

Old Testament

A 52-week chronological journey through the Old Testament, organized around the eight covenants that structure God's redemptive plan from creation through consummation.

What You Will Study

Section	Weeks	Theme
Creation Covenant	1–2	In the beginning — the Creator and his creation
Adamic Covenant	3–4	The fall, the promise, and the line of Seth
Noahic Covenant	5–8	Judgment, salvation, and the rainbow promise
Abrahamic Covenant	9–16	Blessing to all nations through Abraham's seed
Mosaic Covenant	17–30	Law, lamb, and tabernacle
Davidic Covenant	31–44	The eternal king and the psalms of Israel
New Covenant	45–49	The better mediator foretold by the prophets
Consummation	50–52	The returning king and the world made whole

Weeks 1–13

WEEK 1 In the Beginning 1 Gen 1:1-13 2 Gen 1:14-25 3 Gen 1:26-31 4 Gen 1 (review) 5 Ps 33:1-9; Ps 104:1-9	WEEK 2 The Garden and God's Design 1 Gen 2:1-3 2 Gen 2:4-17 3 Gen 2:18-25 4 Prov 8:22-31 5 Isa 40:21-28	WEEK 3 The Fall 1 Gen 3:1-7 2 Gen 3:8-15 3 Gen 3:16-24 4 Isa 7:14; 9:6-7 5 Ps 51:1-12
WEEK 4 East of Eden and the Line of Promise 1 Gen 4:1-16 2 Gen 4:17-26 3 Gen 5:1-20 4 Gen 5:21-32 5 Jude 14-15; Heb 11:4-6	WEEK 5 Corruption and Grace 1 Gen 6:1-8 2 Gen 6:9-16 3 Gen 6:17-22 4 2 Pet 2:4-10 5 Ezek 14:12-20	WEEK 6 The Flood 1 Gen 7:1-12 2 Gen 7:13-24 3 Gen 8:1-12 4 Gen 8:13-22 5 1 Pet 3:18-22
WEEK 7 A New Beginning 1 Gen 9:1-7 2 Gen 9:8-17 3 Gen 9:18-29 4 Isa 54:9-10 5 2 Pet 3:3-13	WEEK 8 Nations and Babel 1 Gen 10:1-20 2 Gen 10:21-32 3 Gen 11:1-9 4 Gen 11:10-26 5 Gen 11:27-32; Acts 17:26-27	WEEK 9 The Call of Abram 1 Gen 12:1-9 2 Gen 12:10-20 3 Gen 13:1-18 4 Gen 14:1-16 5 Gen 14:17-24; Heb 7:1-10
WEEK 10 Covenant of Promise 1 Gen 15:1-6 2 Gen 15:7-21 3 Gen 16:1-16 4 Gen 17:1-14 5 Gen 17:15-27	WEEK 11 Testing and Judgment 1 Gen 18:1-15 2 Gen 18:16-33 3 Gen 19:1-17 4 Gen 19:18-38 5 Gen 20:1-18	WEEK 12 The Son of Promise 1 Gen 21:1-21 2 Gen 21:22-34; 22:1-8 3 Gen 22:9-19 4 Gen 23:1-20 5 Gen 24:1-27
WEEK 13 Jacob and Esau 1 Gen 24:28-67 2 Gen 25:1-18 3 Gen 25:19-34 4 Gen 26:1-35 5 Gen 27:1-40		

Weeks 14–26

WEEK 14 Jacob Becomes Israel 1 Gen 27:41–28:22 2 Gen 29:1–30 3 Gen 29:31–30:24 4 Gen 31:1–55 5 Gen 32:1–33:20	WEEK 15 Joseph: Sold and Exalted 1 Gen 37:1–36 2 Gen 39:1–23 3 Gen 40:1–23 4 Gen 41:1–40 5 Gen 41:41–57	WEEK 16 Joseph: Reconciliation and Providence 1 Gen 42:1–38 2 Gen 43:1–44:34 3 Gen 45:1–28 4 Gen 46:1–47:31 5 Gen 48:1–50:26
WEEK 17 Slavery and Deliverance 1 Exod 1:1–22 2 Exod 2:1–25 3 Exod 3:1–22 4 Exod 4:1–17 5 Exod 4:18–31	WEEK 18 The Plagues and Passover 1 Exod 5:1–6:13 2 Exod 7:1–8:19 3 Exod 8:20–9:35 4 Exod 10:1–11:10 5 Exod 12:1–42	WEEK 19 The Exodus and the Sea 1 Exod 12:43–13:22 2 Exod 14:1–31 3 Exod 15:1–27 4 Exod 16:1–36 5 Exod 17:1–18:27
WEEK 20 The Mountain of God 1 Exod 19:1–25 2 Exod 20:1–21 3 Exod 20:22–21:36 4 Exod 22:1–23:19 5 Exod 23:20–24:18	WEEK 21 The Tabernacle 1 Exod 25:1–40 2 Exod 26:1–37 3 Exod 27:1–28:43 4 Exod 29:1–46 5 Exod 30:1–31:18	WEEK 22 Golden Calf and Renewal 1 Exod 32:1–35 2 Exod 33:1–23 3 Exod 34:1–35 4 Exod 35:1–36:38 5 Exod 37:1–40:38
WEEK 23 Holiness and Sacrifice 1 Lev 1:1–3:17 2 Lev 4:1–5:19 3 Lev 6:1–7:38 4 Lev 8:1–10:20 5 Lev 11:1–15:33	WEEK 24 Holy Living 1 Lev 16:1–34 2 Lev 17:1–18:30 3 Lev 19:1–20:27 4 Lev 21:1–24:23 5 Lev 25:1–27:34	WEEK 25 The Wilderness Begins 1 Num 1:1–2:34 2 Num 3:1–4:49 3 Num 5:1–6:27 4 Num 9:1–10:36 5 Num 11:1–14:45
WEEK 26 Wandering and Rebellion 1 Num 15:1–16:50 2 Num 17:1–19:22 3 Num 20:1–21:35 4 Num 22:1–24:25 5 Num 25:1–36:13		

Weeks 27–39

WEEK 27 The Farewell of Moses 1 Deut 1:1–4:43 2 Deut 4:44–6:25 3 Deut 7:1–11:32 4 Deut 12:1–18:22 5 Deut 28:1–34:12	WEEK 28 Crossing the Jordan 1 Josh 1:1–18 2 Josh 2:1–3:17 3 Josh 4:1–6:27 4 Josh 7:1–8:35 5 Josh 9:1–12:24	WEEK 29 Conquest and Settlement 1 Josh 13:1–14:15 2 Josh 15:1–19:51 3 Josh 20:1–21:45 4 Josh 22:1–34 5 Josh 23:1–24:33
WEEK 30 Judges and Ruth 1 Judg 1:1–3:31 2 Judg 4:1–6:40 3 Judg 7:1–12:15 4 Judg 13:1–21:25 5 Ruth 1:1–4:22	WEEK 31 The Rise of Samuel 1 1 Sam 1:1–2:11 2 1 Sam 2:12–3:21 3 1 Sam 4:1–7:17 4 1 Sam 8:1–22 5 Ps 113; 1 Sam 2:1–10	WEEK 32 Saul: The People’s King 1 1 Sam 9:1–10:27 2 1 Sam 11:1–12:25 3 1 Sam 13:1–23 4 1 Sam 14:1–52 5 1 Sam 15:1–35
WEEK 33 David’s Anointing and Rise 1 1 Sam 16:1–23 2 1 Sam 17:1–58 3 1 Sam 18:1–30 4 1 Sam 19:1–24 5 1 Sam 20:1–42	WEEK 34 David the Fugitive 1 1 Sam 21:1–22:23 2 1 Sam 23:1–24:22 3 1 Sam 25:1–44 4 1 Sam 26:1–27:12 5 1 Sam 28:1–31:13	WEEK 35 David the King 1 2 Sam 1:1–2:7 2 2 Sam 2:8–4:12 3 2 Sam 5:1–6:23 4 2 Sam 7:1–29 5 2 Sam 8:1–10:19
WEEK 36 The Davidic Covenant 1 Ps 2 2 Ps 110 3 Ps 89:1–37 4 Ps 72 5 Ps 45	WEEK 37 Sin and Restoration 1 2 Sam 11:1–12:31 2 2 Sam 13:1–14:33 3 2 Sam 15:1–16:23 4 2 Sam 17:1–19:43 5 2 Sam 20:1–24:25	WEEK 38 Solomon’s Wisdom and Temple 1 1 Kgs 1:1–2:46 2 1 Kgs 3:1–4:34 3 1 Kgs 5:1–6:38 4 1 Kgs 7:1–8:66 5 1 Kgs 9:1–11:43
WEEK 39 The Kingdom Divided 1 1 Kgs 12:1–33 2 1 Kgs 13:1–14:31 3 1 Kgs 15:1–16:34 4 1 Kgs 17:1–19:21 5 1 Kgs 20:1–22:53		

Weeks 40–52

WEEK 40 Elijah and Elisha 1 2 Kgs 1:1-2:25 2 2 Kgs 3:1-4:44 3 2 Kgs 5:1-6:23 4 2 Kgs 6:24-8:29 5 2 Kgs 9:1-13:25	WEEK 41 The Fall of Israel 1 2 Kgs 14:1-15:38 2 2 Kgs 16:1-17:41 3 2 Kgs 18:1-20:21 4 2 Kgs 21:1-23:30 5 2 Kgs 23:31-25:30	WEEK 42 Songs and Wisdom 1 Prov 1:1-9:18 2 Prov 10:1-22:16 3 Eccl 1:1-6:12 4 Eccl 7:1-12:14 5 Song 1:1-8:14
WEEK 43 The Major Prophets 1 Isa 1:1-6:13 2 Isa 7:1-12:6; 52:13-53:12 3 Jer 1:1-3:25; 31:31-34 4 Ezek 1:1-3:27; 34:1-31 5 Dan 1:1-6:28	WEEK 44 The Twelve 1 Hos 1:1-3:5; 11:1-11 2 Amos 1:1-2:16; 5:18-27 3 Jonah 1:1-4:11 4 Mic 1:1-5:15 5 Hab 1:1-3:19; Zeph 1:1-3:20	WEEK 45 Return from Exile 1 Ezra 1:1-3:13 2 Ezra 4:1-6:22 3 Ezra 7:1-10:44 4 Neh 1:1-4:23 5 Neh 5:1-13:31
WEEK 46 Esther and Providence 1 Esth 1:1-2:23 2 Esth 3:1-4:17 3 Esth 5:1-7:10 4 Esth 8:1-10:3 5 Ps 137; Ps 126	WEEK 47 The New Covenant Prophets 1 Jer 31:1-40 2 Ezek 36:1-38 3 Ezek 37:1-28 4 Isa 42:1-9; 49:1-13 5 Isa 55:1-13; Joel 2:28-32	WEEK 48 The Latter Prophets 1 Hag 1:1-2:23 2 Zech 1:1-6:15 3 Zech 7:1-8:23 4 Zech 9:1-14:21 5 Mal 1:1-4:6
WEEK 49 Between the Testaments 1 Dan 9:1-27 2 Dan 10:1-12:13 3 Isa 42:1-9; 49:1-7; 50:4-9 4 Isa 52:13-53:12 5 Ps 22; Ps 16	WEEK 50 The Day of the LORD 1 Isa 24:1-23 2 Isa 25:1-27:13 3 Joel 3:1-21 4 Mal 4:1-6; Zeph 3:8-20 5 Ps 96; Ps 98	WEEK 51 The Son of Man's Kingdom 1 Dan 7:1-28 2 Dan 8:1-27 3 Dan 9:20-27; 12:1-13 4 Zech 14:1-21 5 Isa 11:1-16; 2:1-5
WEEK 52 From Garden to City 1 Isa 65:17-25 2 Isa 66:1-24 3 Ezek 47:1-12; 48:30-35 4 Isa 25:6-9; 60:1-22 5 Ps 46; Ps 48; Isa 12:1-6		

Memory Verses

Wk	Memory Verse	Wk	Memory Verse
1	Gen 1:1	27	Deut 6:4-5
2	Gen 2:7	28	Josh 1:9
3	Gen 3:15	29	Josh 24:15
4	Gen 4:7	30	Ruth 1:16
5	Gen 6:8	31	1 Sam 2:10
6	Gen 7:1	32	1 Sam 15:22
7	Gen 9:13	33	1 Sam 16:7
8	Gen 11:9	34	Ps 34:18
9	Gen 12:2-3	35	2 Sam 7:16
10	Gen 15:6	36	Ps 110:1
11	Gen 18:25	37	Ps 51:10
12	Gen 22:14	38	1 Kgs 8:27
13	Gen 25:23	39	1 Kgs 18:21
14	Gen 32:28	40	2 Kgs 6:16
15	Gen 39:21	41	2 Kgs 17:15
16	Gen 50:20	42	Prov 9:10
17	Exod 3:14	43	Isa 53:5
18	Exod 12:13	44	Mic 5:2
19	Exod 15:2	45	Ezra 3:11
20	Exod 19:5-6	46	Esth 4:14
21	Exod 25:8	47	Jer 31:33
22	Exod 34:6-7	48	Zech 4:6
23	Lev 1:4	49	Isa 53:6
24	Lev 19:2	50	Isa 25:8
25	Num 6:24-26	51	Dan 7:14
26	Num 23:19	52	Isa 65:17